This form must be completed, signed, and provided to the instructor at the beginning of class.

You have reserved a seat in this course and there is **no refund** or course transfer once the course starts. There is no guarantee of graduation or successful completion. Total Rider is not obligated to reschedule you into another course after you are dropped or counseled out of your original course.

Participation in this course requires physical stamina, motor coordination, and mental alertness. The undersigned does hereby attest that he/she has no known health-related reasons or problems, to include physical or mental limitations, that preclude or restrict his or her participation and will not use any form of alcohol, prescription or non-prescription drugs that could impair his/her performance in this course. The undersigned attests that he/she has the skill and balance necessary to ride a bicycle and can sustain moderate physical exertion over the time period of the course.

[] Male	Last Name (must match ID)	First Name (must match ID)	Middle Initial	Suffix		
[] Female						
Home Address		City	State	ZIP		
Date of Birth (MM/DD/YYYY)		Driver License/ID #	Issuing Autho	Issuing Authority (i.e., state, country)		
Phone Number		E-mail Address	E-mail Address			
Emergency Contact Name		Emergency Contact Phone Number	Emergency Contact Phone Number Emergency Contact Relationship			

RELEASE, WAIVER AND INDEMNIFICATION

This motorcycle rider advanced riding techniques course is provided by Total Rider, LLC. Our aim is to expose riders to ways to ride more safely. While we cannot and will not assume responsibility for the safe operation or any damage of your motorcycle, we hope that by presenting responsible viewpoints on safety we will expose riders to proper and prudent motorcycle operation. We are here to assist in your learning and it is your responsibility to put what you learn to use.

The undersigned participant does hereby execute this release, waiver and indemnification for him/herself and his/her heirs, successors, representatives and assigns, and hereby agrees to the following:

1. To release, waive, discharge and covenant not to sue Total Rider, LLC, property owner(s), its board members, employees, instructors, agents, representatives and those governmental agencies and other organizations affiliated with this course, herein referred as "releasees," from any and all liability, loss, damage, costs, claims and/or causes of action, including but not limited to all bodily injuries and property damage arising from participation in the motorcycle training course referred to above.

2. To indemnify, defend and hold harmless the releasees and each of them from any loss, liability, damage, cost, claim, judgment or settlement which may be brought or entered against them as a result of the undersigned's participation in said course. This indemnification shall include attorneys' fees incurred and it is specifically agreed that the undersigned shall have the opportunity to consent to any such settlement, provided, however, that such consent shall not be unreasonably withheld.

3. The undersigned expressly acknowledges and agrees that the activities at the course areas are dangerous and involve the risk of serious injury and/or death and/or property damage and further expressly agrees that the foregoing release, waiver, and indemnity agreement is intended to be as broad and inclusive as is permitted by the law of Texas and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. This waiver and disclaimer shall be construed in accordance with the laws of the state of Texas. I agree that I am responsible for my own medical and emergency expenses in the event of accident that occurs during the course.

I have carefully read this release and understand its contents, and I verify that the information I have provided is true and correct. I voluntarily sign the same as my own free act.

Make:		
Model:	Participant's Signature	Date
Insurance Company:		
Policy Number:		
Expiration Date:		



As a Total Rider Student I Understand and Accept That...

- 1. Learning to ride a motorcycle is challenging, and not everyone is guaranteed to finish this class.
- 2. I will take responsibility and ownership of my actions on the riding range.
- 3. Motorcycling is not for everyone, but my Coach will try their best with the tools they have to coach me.
- 4. If I fail any portion of the class, TR's posted Refund & Cancellation policy, which I agreed to when I booked my class, will apply. However, if I leave now, I may request a partial refund less an administrative fee.
- 5. If my riding performance creates an unmanageable danger on the range I will be removed from the course.
- 6. I will show up for class on time, with proper riding gear, be alert with a positive attitude, and, above all else... *Have Fun!*

Student Print Name:	
Student Signature:	Date:

T-CLOCS[™] Inspection Checklist



	WHAT TO CHECK	WHAT TO LOOK FOR	CHECK	-OFF
T-TIRES & WHE	ELS			
Tires	Condition	Tread depth, wear, weathering, evenly seated, bulges, embedded objects.	Front	Rear
	Air Pressure	Check when cold, adjust to load.	Front	Rear
Wheels	Spokes	Bent, broken, missing, tension, check at top of wheel: "ring" = OK — "thud" = loose spoke.	Front	Rear
	Cast	Cracks, dents.	Front	Rear
	Rims	Out of round/true = 5mm. Spin wheel, index against stationary pointer.	Front	Rear
	Bearings	Grab top and bottom of tire and flex: No freeplay (click) between hub and axle,		
		no growl when spinning.	Front	Rear
	Seals	Cracked, cut or torn, excessive grease on outside, reddish-brown around outside.	Front	Rear
Brakes	Function	Each brake alone keeps bike from rolling.	Front	Rear
	Condition	Check pads and discs for wear.	Front	Rear
C-CONTROLS		F	r	
Handlebars	Condition	Bars are straight, turn freely, handgrips and bar ends are secure.	ļ	
Levers and Pedal	Condition	Broken, bent, cracked, mounts tight, ball ends on handlebar levers, proper adjustment.		
	Pivots	Lubricated.		
Cables	Condition	Fraying, kinks, lubrication: ends and interior.		
	Routing	No interference or pulling at steering head, suspension, no sharp angles, wire supports in place.		
Hoses	Condition	Cuts, cracks, leaks, bulges, chafing, deterioration.		
	Routing	No interference or pulling at steering head, suspension, no sharp angles, hose supports in place.		
Throttle	Operation	Moves freely, snaps closed, no revving when handlebars are turned.		
L-LIGHTS & ELE	CTRICS			
Battery	Condition	Terminals; clean and tight, electrolyte level, held down securely.		
	Vent Tube	Not kinked, routed properly, not plugged.	1	
Headlamp	Condition	Cracks, reflector, mounting and adjustment system.		
	Aim	Height and right/left.		
Tail lamp/brake	Condition	Cracks, clean and tight.		
lamp	Operation	Activates upon front brake/rear brake application.		
Turn signals	Operation	Flashes correctly.	Front left	Front rig
2			Rear left	Rear rig
Switches	Operation	All switches function correctly: engine cut-off, hi/low beam, turn signal.		
Mirrors	Condition	Cracks, clean, tight mounts and swivel joints.		
	Aim	Adjust when seated on bike.		
Lenses & Reflectors	Condition	Cracked, broken, securely mounted, excessive condensation.		
Wiring	Condition	Fraying, chafing, insulation.		
5	Routing	Pinched, no interference or pulling at steering head or suspension, wire looms and ties in place,		
	5	connectors tight, clean.		
O-OIL & OTHER	FLUIDS			
Levels	Engine Oil	Check warm on center stand on level ground, dipstick, sight glass.		
	Gear Oil, Shaft Drive	Transmission, rear drive, shaft.		
	Hydraulic Fluid	Brakes, clutch, reservoir or sight glass.		
	Coolant	Reservoir and/or coolant recovery tank — check only when cool.		
	Fuel	Tank or gauge.		
Leaks	Engine Oil	Gaskets, housings, seals.		
	Gear Oil, Shaft Drive	Gaskets, seals, breathers.		
			1	
	Hydraulic Fluid	Hoses, master cylinders, calipers.		
	Hydraulic Fluid Coolant	Hoses, master cylinders, calipers. Radiator, hoses, tanks, fittings, pipes.		
C-CHASSIS	Coolant	Radiator, hoses, tanks, fittings, pipes.		
1	Coolant	Radiator, hoses, tanks, fittings, pipes.		
1	Coolant Fuel Condition Steering-Head	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play		
1	Coolant Fuel Condition Steering-Head Bearings	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks.		
1	Coolant Fuel Condition Steering-Head	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play		
Frame	Coolant Fuel Condition Steering-Head Bearings	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings.	Left	Right
Frame	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings.	Left	
Frame Suspension	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings Front Forks Rear Shock(s)	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings. Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated.		
Frame Suspension	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings Front Forks	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings. Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated. Check at tightest point.		
Frame Suspension	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings Front Forks Rear Shock(s) Tension Lubrication	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings. Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated. Check at tightest point. Side plates when hot. Note: do not lubricate belts.		
Frame Suspension Chain or Belt	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings Front Forks Rear Shock(s) Tension Lubrication Sprockets	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings. Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated. Check at tightest point. Side plates when hot. Note: do not lubricate belts. Teeth not hooked, securely mounted		
Frame Suspension Chain or Belt	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings Front Forks Rear Shock(s) Tension Lubrication Sprockets Threaded	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings. Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated. Check at tightest point. Side plates when hot. Note: do not lubricate belts. Teeth not hooked, securely mounted Tight, missing bolts, nuts.		
Frame Suspension Chain or Belt Fasteners	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings Front Forks Rear Shock(s) Tension Lubrication Sprockets	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings. Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated. Check at tightest point. Side plates when hot. Note: do not lubricate belts. Teeth not hooked, securely mounted		
Frame Suspension Chain or Belt Fasteners S-STANDS	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings Front Forks Rear Shock(s) Tension Lubrication Sprockets Threaded Clips & Cotter Pins	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings. Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated. Check at tightest point. Side plates when hot. Note: do not lubricate belts. Teeth not hooked, securely mounted Tight, missing bolts, nuts. Broken, missing.		
Frame Suspension Chain or Belt Fasteners S-STANDS	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings Front Forks Rear Shock(s) Tension Lubrication Sprockets Threaded Clips & Cotter Pins Condition	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings. Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated. Check at tightest point. Side plates when hot. Note: do not lubricate belts. Teeth not hooked, securely mounted Tight, missing bolts, nuts. Broken, missing.		
C-CHASSIS Frame Suspension Chain or Belt Fasteners S-STANDS Center stand Side stand	Coolant Fuel Condition Steering-Head Bearings Swingarm Bushings Front Forks Rear Shock(s) Tension Lubrication Sprockets Threaded Clips & Cotter Pins	Radiator, hoses, tanks, fittings, pipes. Lines, fuel valve, carbs. Cracks at gussets, accessory mounts, look for paint lifting. No detent or tight spots through full travel, raise front wheel, check for play by pulling/pushing forks. Raise rear wheel, check for play by pushing/pulling swingarm. Smooth travel, equal air pressure/damping, anti-dive settings. Smooth travel, equal pre-load/air pressure/damping settings, linkage moves freely and is lubricated. Check at tightest point. Side plates when hot. Note: do not lubricate belts. Teeth not hooked, securely mounted Tight, missing bolts, nuts. Broken, missing.		Right

RIDING DAY CHECKLIST

REQUIRED:

• Eye Protection Eyeglasses, sunglasses, face shield or goggles



 Boots, Over-the-Ankle Footwear Ankles MUST be covered. Canvas/cloth shoes, or boots with elastic sides ("Chelsea boots") <u>not</u> permitted. Also, leather-sole or safety-toe boots are not recommended, as they may hinder operation of motorcycle foot controls.



• Full-fingered Gloves Leather or motorcyle-type preferred.



• Long Sleeve Shirt or Jacket Textile jacket, or long sleeve T-shirt or performance wear during hot weather season.



 Long Pants Denim or material of equivalent or better durability. Sorry but... flared, yoga, "Jeggings" and/or pants with holes are <u>not</u> permitted.



• Helmet Must meet Department of Transportation (DOT) standards; only DOT-approved helmets are allowed on practice area. Total Rider does have a limited supply of helmets to use, however, students are encouraged to bring their own helmet!



<u>NOTE!</u> If you do NOT bring the REQUIRED gear to riding practice you will not be allowed to participate in the class. You will forfeit your course fee and have to pay for another class :(

HIGHLY RECOMMENDED:

- Bottled Water and Snacks and/or lunch, sodas, non-alcoholic beverages *Bring your cooler full of cold bevs during hot weather season!
- Rain and/or Foul Weather Gear We ride rain or shine!
- Sun Block and Cooling Scarf when it's hot!